

I got off my back and back on my feet!

## MARK Pavitt

Before: 248 lbs After: 142 lbs Lost: 106 lbs



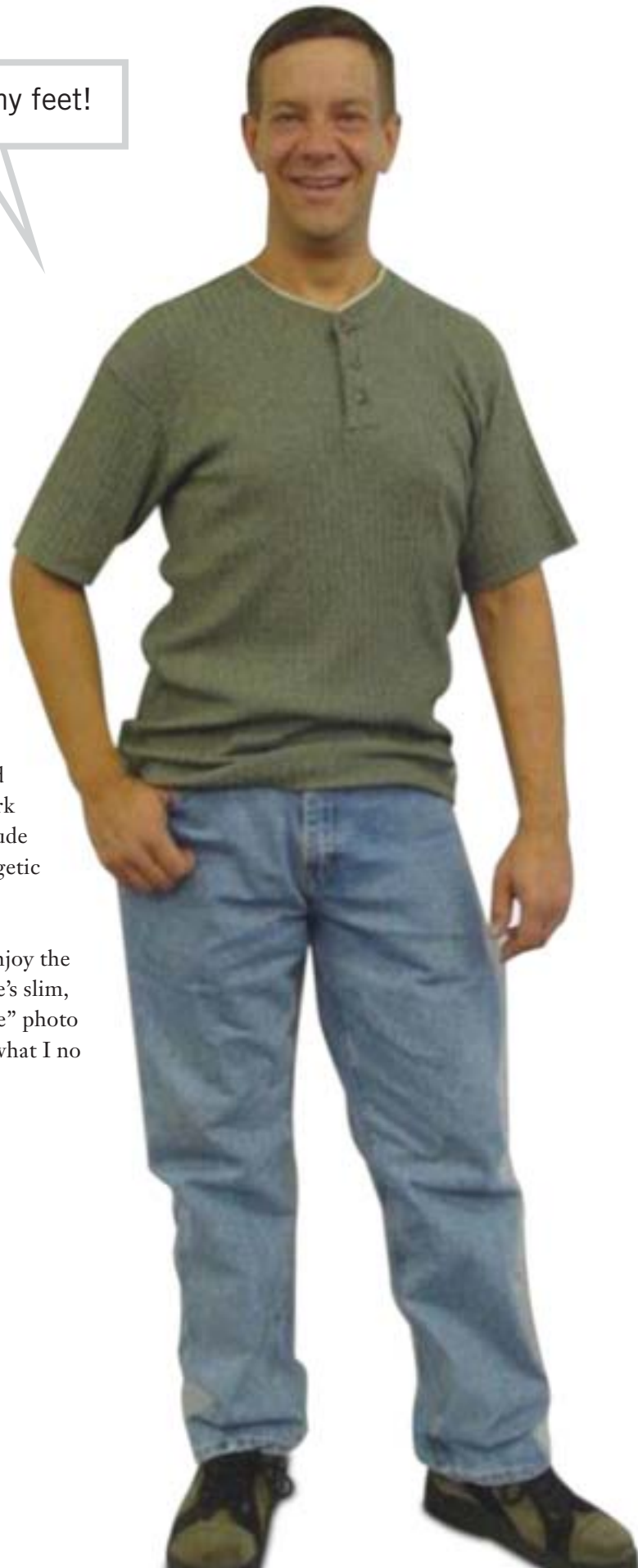
“All I did was eat and sleep,” recalls Mark Pavitt, whose weight, chronic discomfort and lack of energy plagued him daily. And after a workplace accident, back surgery and pain medication, he wasn’t sure he could feel any worse. “I was miserable,” he explains.

Mark’s luck changed when he entered an Herbalife drawing and won a set of products that got him started on the ShapeWorks™ Program. With every pound Mark lost, he gained back a healthy body and a healthy attitude about life. “Using the products, I had full, whole energetic days again,” says Mark.

Two years have since passed, and Mark continues to enjoy the life-changing benefits of Herbalife products. Today, he’s slim, fit and healthy—a very different image from the “before” photo he glances at daily for motivation. “It’s a reminder of what I no longer need to look or feel like,” he adds.\*

### How I Did It

- \* The ShapeWorks™ Personalized Weight-Management Program with Total Control® tablets.
- \* Keep with the program—it definitely works.



\*These results are not typical. Individual results will vary.